

MAKING A CONTRIBUTION

A vigorous and active Annual Sustaining Campaign, from the standpoint of participation and monetary gifts is a sign of strength and support for Charles Drew Health Center, Inc.

Each and every gift is important. Your gift is your vote of confidence!

OUR THANKS

Please accept our sincere thanks and appreciation for your support. Your contribution makes a difference! That

difference makes our work meaningful.

For more information please contact our Development Department at 457-1219. To make a donation, please use the enclosed envelope or visit our website at www.CharlesDrewHCOmaha.org to make an on-line contribution.

American Recovery and Reinvestment Act (ARRA) of 2009 Supports Much Needed Growth for CDHC



The American Recovery and Reinvestment Act (ARRA) of 2009 is an economic stimulus package enacted by the 111th United States Congress in February 2009. The Act of Congress was based largely on proposals made by President Barack Obama and was intended to provide a stimulus to the U.S. economy in the wake of the economic downturn. The Act includes increases in domestic spending in education, health care, and other areas.

resources to address the estimated 1,000 new uninsured and underinsured patients to be served in 2009. The CDHC finance department estimates a 17% increase in uninsured and underinsured patients in fiscal year 2009. In 2008, 68.9% of all patients served were uninsured and underinsured patients. That percentage is expected to increase to 85% in 2009.

CDHC also applied for and received funding through the Capital Improvement Projects (CIP) funding. Charles Drew was awarded \$681,480 and approved in July 2009 to support the implementation of a medical practice management system and electronic health records.

56 million people in the United States lack access to primary care

March 26, 2006, Senator Ben Nelson announced the first round of stimulus funds that came to Nebraska for Increased Demand in Services (IDS). Charles Drew Health Center, Inc. was among the six Nebraska community health centers to receive IDS stimulus funding. According to Senator Nelson, "Access to health care in the United States has grown more and more difficult and these challenges are only compounded in rural communities and small-population states like Nebraska. Community health centers form a vital foundation for health care coverage in traditionally underserved areas and populations. These centers are the key to a healthy and productive population."

The \$334,290 IDS funding supported Charles Drew in retaining existing medical and support staff and provided additional

The final round of funding available to community health centers is the Facility Improvement Project (FIP) funding. The CIP and FIP dollars were designed to address unmet capital improvement needs.

If awarded, CDHC's Facility Improvement Project (FIP) funding request for \$2,445,532 will support the further development of the CDHC medical campus. The funding will allow Charles Drew to expand its main facility to accommodate six additional exam rooms, expanded administrative office space, and renovation of the dental clinic. Four additional exam rooms will be added to the Benson Community Health Center location at

5420 North West Radial Highway. Benson Community Health Center is an initiative of Charles Drew and Creighton University.

The National Association of Community Health Centers estimates that 56 million people in the United States lack access to primary care. Community health centers, which provide mostly primary care and preventive services to all comers at more than 7,000 locations, served 18 million people last year.

According to CDHC Chief Executive Officer, Richard L. Brown, Ph.D., FACHE "While the debate about how the healthcare delivery system shall be changed continues, it is good to know that there is a national focus on promoting and supporting the further growth and development of community health centers. Community Health Centers deliver quality, cost effective, accessible health care services that focus on illness prevention and health maintenance. While there is controversy about health care reform, Democrats and Republicans alike agree on the value of community health centers. Community Health Centers are a tried and true and a time tested system of health care delivery that is available, affordable and cost effective."

GREGORY AND WILKINS TO JOIN CDHC BOARDS

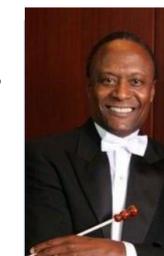
Charles Drew Health Center is pleased to announce that **Richard Gregory**, retired General Director in the Labor Relations Department for Union Pacific Railroad and **Thomas Wilkins**, Music Director for the Omaha Symphony have agreed to join the CDHC governing board and foundation board.



Gregory, served as a member of the CDHC foundation board for four years as Vice-Chairman. His service was greatly valued and the board was pleased that Mr. Gregory accepted their invitation to continue his work on behalf of CDHC by becoming a member of the board of directors.

Gregory is a strong advocate for health care and has been instrumental in linking the Health Center with local organizations in Greater Metropolitan Omaha. Gregory retired earlier this year, ending a 35 year career with Union Pacific Railroad. While employed with UP he held management positions in security and special services, human resources, marketing and sales, and labor relations.

The CDHC board of directors is charged with directing the on-going growth and development of the Health Center while providing oversight and management of all medical and health related programs and services. From its inception, the governance structure of the Health Center remains racially and ethnically representative of the health center's service/target area and its patient base. CDHC maintains a ratio of 51% or greater of members that receive their primary health care from the Health Center.



Thanks to the efforts of foundation board member Judy Haney, Thomas Wilkins accepted the invitation to join the CDHC foundation board. Mr. Wilkins visited the health center, toured the facility and met with administrators and foundation board members. At the conclusion of his visit, he expressed a genuine interest in the work of the health center and later agreed to join the foundation board.

Wilkins was appointed music director of the Omaha Symphony in 2005. He is also the resident conductor of the Detroit Symphony and the principal guest conductor for the Hollywood Bowl Orchestra. A native of Norfolk, VA, Wilkins earned his bachelor of music education degree from the Shenandoah Conservatory of Music in 1978 and was awarded the master music degree in orchestral conducting from the New England Conservatory of Music in Boston. Thomas Wilkins is married and the father of twin daughters.

The CDHC foundation board, created in 2004, is primarily responsible for working in collaboration with the governing board and the development department to assure that the health center is successful in garnering community-wide support through its fund development activities. The foundation board sponsors three fund development activities each year: Annual Fund Raising Dinner, the CDHC Golf Classic, and the CDHC Annual Sustaining Campaign.

The foundation board was successful in exceeding its 2009 fund development goals by raising over \$200,000. Because of its success in raising funds in 2009, the foundation board initiated a CDHC Endowment Fund. The fund development goal for 2010 is \$300,000.

PHASE II OF CDHC CAMPUS DEVELOPMENT UNDERWAY



Construction work is underway for the completion of the final portion of the Phase II CDHC campus development project. Thanks to Senator Ben Nelson and many local community leaders and advocates, Charles Drew Health Center received \$947,387 in 2008 to renovate the facility located at 29th and Burdette. These funds also provided equipment purchases to complete the facility expansion project and renovations at the Manderson building, located at 2910

Manderson Street.

Bary Larson and Son, Inc. was selected as general contractor and R.D.G. as the architect. In late September, site work began on the new parking lot located adjacent to the main facility. Plans are to complete the parking lot by mid-November 2009. Renovation has begun in the Burdette Street building (which formerly housed the Omaha Healthy Start program). Plans are to complete this renovation by January 2010.

Site grading began on land owned by Charles Drew located between Burdette and Grant Street on 29th Street is slated for completion by January 2010. The land will have a small community park, seating area and a walking trail.

Plans also include expanding an existing break area in the main facility and minor renovations to the dental area. The Burdette building will house a fitness center to include showers and separate changing areas for men and women, community meeting rooms, a larger employee break area and several office spaces. In addition, plans include resurfacing the existing parking lot. A walkway will be added between the Burdette building and the main facility.

Finally, Charles Drew will begin renovation work at the Manderson building late November 2009 with plans to complete work by Spring 2010. Renovations will include replacement of the existing roof and interior remodeling.

CDHC STAFF AND PROVIDERS SET TO RAISE \$30,000

Pictured from left to right are Campaign Co-Chairs: Anjuan Thomas, Quanisha Stewart, Quincy Pointer.



A team of 25 employees meet weekly to plan fun and innovative activities for reaching their individual and team goals. Five teams have been formed and each staff person has been assigned to a team. Team captains are: Glenn Tafe and Cathy Murray, Dennis Burns and Shannon Rollerson, Quincy Pointer and Erica Lewis, Divonica Kight and Tyneil Bradford and Jackie Cook and Paul Burnett.

The theme for the 2010 Staff Annual Sustaining Campaign is "Steppin' Up and Steppin' Out." Staff is being motivated to step up to the challenge of reaching their individual and team goals and step out in support of the patients and the community served.

Under the capable leadership of Quincy Pointer, facilities assistant, Quanisha Stewart, dental receptionist and Anjuan Thomas, medical assistant, the CDHC staff, senior managers, and providers plan to raise \$30,000 in support of the 2010 Annual Sustaining Campaign.

CDHC SENIOR SERVICES: OFFERING NO LIMIT TO CARING

Contributing Writer UNO graduate student Erin Smith.

As we age, our physical condition changes, but our desire to maintain independence, choice and self worth continues. Charles Drew Health Center's Senior Services is dedicated to providing customer oriented health care services that meet the needs of a community that is transitioning from "a country of youth to a nation of maturity."

According to the Center for Disease Control and Prevention (CDC), physical inactivity is associated with the increased risk of developing chronic health disorders such as cardiovascular disease, cancer, diabetes, loss of muscle mass and osteoporosis. In addition, it is also associated with increased susceptibility to premature mortality (CDC, 2007). Research shows that regular physical activity can improve the health and overall quality of life in people of any age. More importantly it can reduce the risk of obesity, high blood pressure, diabetes,

osteoporosis, stroke, depression, colon cancer and premature death among older adults (CDC, 2007); (American College of Sports Medicine, 2006).

Physical activity coupled with quality medical care is one of the most important lifestyle choices that can maintain physical independence, mental health and quality of life for older adults. Ultimately physical activity facilitates successful aging (CDC, 2007).

The CDHC Senior Services Program will provide comprehensive health care coupled with physical activity for older adults to support them in maintaining health and independence. Plans are to offer a comprehensive wellness program that includes: regular health care maintenance, chronic disease management with an emphasis on diabetes and cardio-vascular disease, medication assessment, optical care, coordinated care among primary care physicians and specialists, complete health evaluations, immunizations, podiatry, dentistry, fitness and nutrition classes and

on-going health education and training.

Program evaluation will include process and impact evaluation with the goal of 60% of older adults enrolled in the program starting and continuing to engage in a regular age-appropriate physical activity program developed in collaboration with their primary care physician.

With the completion of the Charles Drew fitness center, plans are to launch the CDHC Senior Services in 2010. For more information call 457-1219.

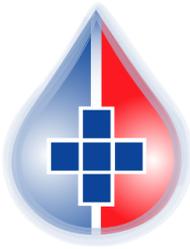


Charles Drew Health Center is pleased to recognize the 2009 contributions of the following individuals, businesses and organizations. Your giving makes it possible for us to sustain our health care services and to maintain the integrity of our commitment to providing quality comprehensive health care.

NeNe Abosi
Bennett Achigbu
African American Achievement Council of Omaha
Alegent Health
Allen Construction Services LLC
Rasheed Amao
Americhoice Share Advantage
American National Bank
Thurman Ballard
Kim Barr
Kerry Bast
Diane Battiatto
Rick Bell
Arlys Blakey
Blue Cross Blue Shield of NE
Karma K. Boll
John T. Bourke Jr.
Sherry Bradley
Robert Braun
Camille Brewer
Bright Futures Foundation
Dolores Brown
Kevin Brown
Pam Brown
Richard Brown, Ph.D.
Wayne Brown
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Julieta C. Clarke
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Barbara Coffey
ConAgra Foods
Jackie Cook
Cornhusker Golf Club
Senator Brenda Council
Council Bluffs Community Health Center
Coventry Health Care of Nebraska, Inc.
Creighton University Medical Center/ Health Sciences
Creighton University/ Gastroenterology Division
Creighton University Medical Center
Custom Computing Corporation
D & N Cleaning
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DBA ZUBI Counseling & Consulting
Margie Dumas
Jacqueline Esch, M.D.
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Michael Fahey
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Wesley Grigsby
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Terry & Judy Haney
Kelly Hardin
Hawks Foundation
Tammi Hendricksen
Patti Higgins
Judith Hill
Richard Holland
Taneya Horton
Billy House
Mary Kay Hrupek
IBM Employee
IFY'S Home Health Care Inc.
In memoriam of Eric L. Whitner, Esq.

J & J Arbor III, LLC
Janousek Florist
Frank Jett
David W. Johnson Jr.
Michael Jones
Takashi Kawamitsu, M.D.
William Kizer
Janet M. Knudson
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James Mudd
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Shari Nared
NE Affiliate of Susan G. Komen for the Cure
New Community Development Corporation
Northern Border Pipeline Company
Gregory Ochuba, Ph.D., M.D.
Omaha Chamber of Commerce
Omaha Chapter of the Links
Omaha Community Foundation
OneWorld Community Health Center, Inc
OPPD
Charles Parks
Robert Partridge
Johnniemae Paskins
Eric Payne
Magda Peck, Sc.D.
Greg Perry
Alphonse Peterson
Planned Parenthood
Principal Financial Group
ProCare3
Mary Lynn Reiser
Rebecca J. Rezaei
Robert Rose
Diane Rosenthal



Charles Drew Health Center, Inc.

2915 Grant Street
Omaha, Nebraska 68111

ADMINISTRATIVE TEAM

Richard L. Brown, Ph.D., FACHE
Chief Executive Officer
Gregory Ochuba, M.D., Ph.D.
Medical Director
Justin Jones, D.D.S.
Dental Director
Calvin McGruder
Director of Finance
Judith M. Hill
Director of Development
Anita McGaugh
Director of Human Resources
Melanie McCoy, R.N., BSN
Clinic Coordinator
Pat Christopher, MPA, MS, LPC, NCC
Homeless Clinic Coordinator

Mission Statement

Charles Drew Health Center, Inc. is dedicated to providing quality comprehensive health care in a manner that acknowledges the dignity of the individual, the strength of the family, and the supportive network of the community.



BENSON COMMUNITY HEALTH CENTER
AN INITIATIVE OF CHARLES DREW AND CREIGHTON UNIVERSITY

After months of planning Charles Drew and Creighton University announced the opening of the Benson Community Health Center in March 2009. The Center is located at 5420 North West Radial Highway, formerly named Creighton Community Health Center.

The Benson Community Health Center collaborative planning team was led by Charles Drew representatives Richard Brown, Ph.D., and Dr. Gregory Ochuba, M.D. as well as Creighton University representatives Dale Davenport, Administrator/Department of Medicine and Stephanie Maciejewski, Pharm.D., Director of Research and Therapeutics.



Monique Tolston, M.D.

March 2, 2009, Charles Drew physicians Monique Tolston, M.D., and Lucille Woodard, M.D., began seeing patients. Medical clinics hours are Monday, Wednesday, and Friday, 8:00 a.m. to 5:30 p.m. The new extended services include primary care for the entire family, back-to-school physicals, immunizations, HIV/STD testing, and health education and training.

According to Charles Drew Medical Director, Gregory Ochuba, M.D., Ph.D., "The increased health care options available to individuals living and working in the Benson area, as a result of this new initiative between Charles Drew and Creighton University is very exciting. We are pleased that the long

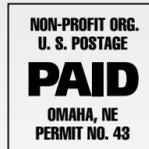
standing collaborative relationship between the Health Center and Creighton is being continued." According to Syed Mohiuddin, M.D., chair of internal medicine for Creighton University School of Medicine, "We are excited to enter this collaboration with Charles Drew. It will mean expanded primary care services for the entire family."



Lucille Woodard, M.D.

Creighton staff continues to offer onsite community education and health screening programs (cholesterol, blood pressure, and glucose) and clinical research opportunities designed to help patients address chronic health issues. Popular community programs such as Every Woman Matters, Heart-Healthy 101 and Walking Club will continue at the clinic.

For more information or to contact Benson Community Health Center call 558-9242.



A Publication from Charles Drew Health Center, Inc.

Fall 2009

GIVING FOR GENERATIONS TO COME: CDHC 2010 ANNUAL SUSTAINING CAMPAIGN

Throughout its history, Charles Drew Health Center, Inc. (CDHC) has benefited from the financial support of individuals, businesses, corporations, philanthropic organizations, and local, state and federal foundations. The completion of its \$4 million building expansion in 2007 is the most recent example of how your contributions are used to support the provision of affordable health care in our community.

The Charles Drew Health Center Annual Sustaining Campaign (ASC) offers you the unique opportunity to help provide crucial funding that is used to offset the cost of providing medical, dental, and behavioral health services for the thousands of uninsured and underinsured families served each year.

THE NEED

As you can imagine in this difficult economic climate, the demand for uncompensated medical and dental care has risen tremendously. As workers lose their jobs and employers pull back on coverage, the numbers of uninsured and underinsured are growing.

Charles Drew Health Center remains committed to providing quality comprehensive health care on a Sliding Fee Scale. Our Sliding Fee Scale allows a family to receive quality comprehensive health care based upon the family's size and verifiable income.

Tax-deductible contributions to the Charles Drew Health Center 2010 Annual Sustaining Campaign (ASC) help to "bridge the gap" between the patient fees received from self-pay patients and the actual costs associated with the health care provided.

In 2008, the Charles Drew Health Center Uniform Data System (UDS) reported the following:

- Charles Drew Health Center provided over \$300,000 in uncompensated medical and dental care.
- Of the 12,238 patients served, 68.9% were uninsured and underinsured.
- Eighty-six percent of CDHC patients live at or below 100% poverty level.
- Six percent of CDHC patients live at or below 200% poverty level.



The CDHC Finance Department estimates that the number of uninsured and underinsured will increase by 17% in 2009. The estimated 85% of uninsured and underinsured served in 2009 will represent the highest percentage served in CDHC's history.



OUR GOAL

The 2010 goal for the Charles Drew Health Center Annual Sustaining Campaign is to raise \$300,000. Those funds will be raised with the support of foundations, local businesses, churches, individuals, and the CDHC governing board, foundation board, staff and patients.

Recognizing our responsibility to be good stewards of the gifts that we receive each year, the CDHC Foundation Board established an Endowment Fund. Plans are to earmark ten percent of all 2010 ASC gifts to the Endowment Fund. We believe that it is in the best interest of our ASC supporters, our patients, and our goal of long-term sustainability that we cultivate and nurture the future of Charles Drew Health Center by growing and safeguarding a perpetual source of funding.

continued on page 2